

Week 1

Monday

Meat-Free Monday

Veggie Pizza &
French Fries & Salad

Fresh Fruit Salad

Tuesday

Large hot dog in fresh bread roll
Baked potato, beans and salad

Fruit crumble
Fresh fruit
Veggie sausage available

Wednesday

Meatballs, pasta and garlic bread
Veggie meatballs available

Shortbread
Fresh fruit

Thursday

Large fish fingers
Mash and beans
Veggie fingers available

Chocolate orange sponge and custard
Fresh fruit

Friday

Oven baked fry-up
Bacon, sausage, pancake, hash browns and
scrambled egg
Veggie fry-up available

Friday surprise dessert

MILL STRAND



Integrated Primary
School and Nursery

Week 2

Monday

Large sausage roll
Mash and beans
Veggie sausage roll available

Fresh fruit salad

Tuesday

Chicken fillet burger, salad and fries
Jam and coconut sponge with custard
Veggie burger available

Fresh fruit

Wednesday

Mid-week roast
Chicken, roasties, mash, steamed vegetables
and gravy
Quorn roast available

Chocolate chip cookie
Fresh fruit

Thursday

Pasta Bolognese and garlic bread
Veggie tomato pasta available

Toffee sponge and custard

Friday

Fresh fish goujons and chips
Beans and curry sauce
Veggie fingers available

Friday surprise dessert
Fresh fruit

Week 3

Monday

Mild beef chilli, Crispy nachos
Rice and steamed broccoli
Mild veggie chilli available

Chocolate brownie
Fresh fruit

Tuesday

Pulled BBQ chicken wrap
Mexican vegetable rice
Quorn veggie wrap available

Citrus drizzle cake and custard
Fresh fruit

Wednesday

Build a burger (local beef)
Salad and lattice fries
Veggie burger available

Fruit jelly
Fresh fruit

Thursday

Crispy chicken and vegetable fried rice
Veggie fingers available

Mixed muffins
Fresh fruit

Friday

Oven baked fry-up
Bacon, sausage, pancake, hash browns and
scrambled egg
Veggie fry-up available

Friday surprise dessert

